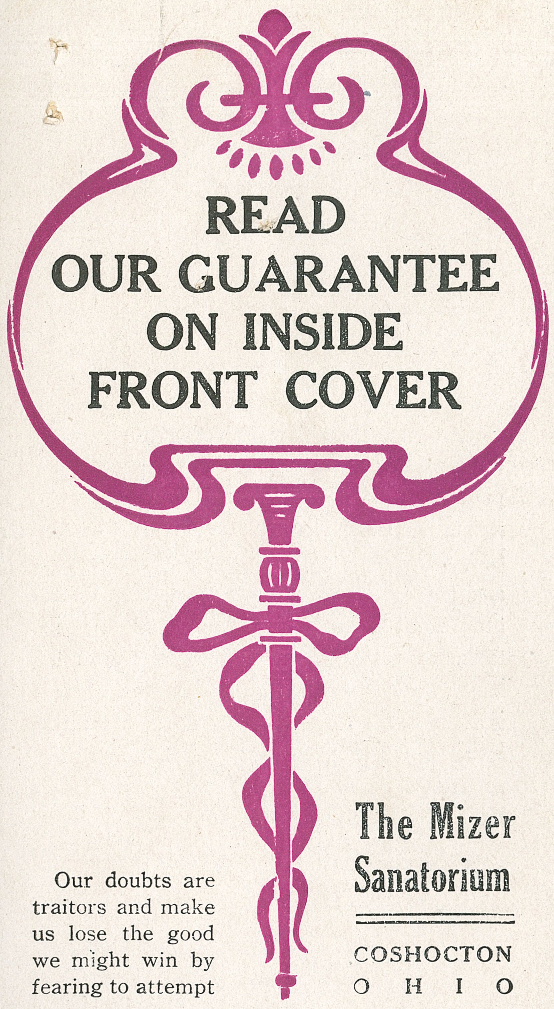

READ
OUR GUARANTEE
ON INSIDE
FRONT COVER

Our doubts are
traitors and make
us lose the good
we might win by
fearing to attempt

The Mizer Sanatorium

COSHOCTON
OHIO

MANINE
IN
MORPHINISM
AND
NERVOUSNESS

Left in by Mr. H. S. Drandell
Lisbon, O.

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Howey IN THE Hills
SANITARIUM

E. C. TAYLOR, M. D., DIRECTOR

HOWEY-IN-THE-HILLS, FLORIDA

Dear Doctor:-

Since the publication of the enclosed article the W. J. Howey Company has decided to build a fine new Sanitarium here at Howey-in-the-Hills. This Sanitarium will treat diabetic and other chronic cases which have shown such wonderful improvement from the use of this hill-grown grapefruit. The Sanitarium will also have complete charge of the distribution of this medicinal fruit.

The fruit will, according to present plans, be marketed in the following manner, viz: no fruit bearing the Certificate of the Sanitarium will be placed on the open market, being shipped only to former patients and to others upon the recommendation, and only upon the recommendation, of their physician. Each box of the fruit sold for medicinal use will bear the Certificate of the Sanitarium. Before this signed Certificate may be placed on the box the fruit itself must have been examined and approved for medical use by the Medical Director of the Sanitarium. Each Certificate is numbered and each invoice will bear the Certificate number so that a thorough record of the shipment and the case may be on file at all times.

If there be any information of a special nature you desire feel assured that your inquiries will have careful and prompt attention, as we have gone to the expense of hiring an office force so that we may be in a position to supply the reputable physicians of the country with any and all special information they may desire.

Yours very truly,

E. C. TAYLOR, M. D.
Medical Director

ECT-

P.S. Canned medicinal fruit will be available before the fresh fruit is out of season.

more of the same
with the reprint.

APR 8-1914
8612

Rx. Citrated Caffeine T. T., each......½ gr.
Dose—Three or four twice a day.
If weak and exhausted, or nervous headache.

Rx. Asafetida (tablets or pills), each..3 gr.
Dose—One immediately before eating.
To Improve Nerve Centers, prevent gas in stomach and bowels; backache.

Should there be any doubt as to any part of these instructions, we will be glad to receive a letter of inquiry, briefly stating what the difficulty is, and we will cheerfully give the best services of which we are capable.

All correspondence will be regarded as strictly confidential.

THE MANINE MEDICINE COMPANY,
St. Louis, Missouri.

AUG 17 1915
~~11410~~
11409
AUG 17 1915

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"Our deeds still travel with us from afar, and what we have been makes us what we are."

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BY THE MIZER SANATORIUM CO.

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READ OUR GUARANTEE ON INSIDE FRONT COVER

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The Mizer Sanatorium

COSHOCTON
OHIO

stitution as we have provided and which is recommended by such men as Tyson and Osler.

Our Sole Business

We want it to be understood very clearly that our sole business at The Mizer Sanatorium is to care for patients who are suffering from the drug or liquor addiction. Our lives are devoted to it, and in the perfection of the treatment is where we have devoted our best efforts. It makes no difference what particular kind of liquor or which drug and to what extent they may have been used, or, too, how many times it may have been necessary for the individual to have taken treatment, the condition will respond favorably to this treatment, and we will cure you to stay cured.

To the Lady Patients

Ladies wishing to come to our Sanatorium for treatment should feel no delicacy whatever, as they are under personal care of our lady graduated, trained and registered nurses, who will be in constant attendance and attend to every want. Polite attention, courteous treatment shall be theirs at all times.

Drug Addiction

It is not the object of this booklet to go into details or attempt to give a description of all the terrible results of the use of Morphine, Heroin, Opium, or other drugs, but to present to you in as few words as possible what we can do for those afflicted. Do we guarantee a cure? We positively do. The patient is the one who is left to decide when the cure is satisfactory. To those addicted to the use of Morphine, Heroin, Opium, Cocaine, Codine, Chloral or other drugs, we can assure you a cure in from ten to twenty-one days. Most persons addicted to the use of drugs have made several attempts to free themselves, but have found that after leaving other sanatoriums that they have been left in very weak and nervous condition and suffering limb pains of which they could not rid themselves, only by returning to the use of the drug. We wish to assure you that if you take our treatment you will have no bad after effects. Our treatment is harmless and painless and patients suffer very little inconvenience while here. When they leave our Sanatorium they know that they are cured as they are free from craving, need and desire for stimulants; they are eating and sleeping well; they have not an ache or pain; neither do they take any medicines home with them to deceive them. In fact we place them in normal condition. We do not send them home physical wrecks, but on the other hand, they gain strength and health rapidly. We do not send out any home cures as none of them are a success.

Patients desiring our treatment must come to our Sanatorium where we are prepared to take care of this particular class of disease. If you are seeking a cure that is positively guaranteed to your entire satisfaction and one that you do not have to pay for until you have derived the benefit, then we would appreciate a letter from you. If you have any doubt that we can fulfill our contract we will gladly place you in direct communication with some of our former patients who will only be too glad to inform you what we have done for them. We wish to call your attention to the high-class references on the cover page of this booklet.

Alcoholism

Our treatment is not a sobering up process, but a positive cure. Alcoholism is now recognized as a disease. It being a disease of the nervous system, is a pathological condition which disturbs the mental equilibrium, or, as it were, defection of the will power termed Dipsomania. Being convinced that we have a disease to deal with of specific nature, we set about to discover a specific treatment, using only the therapeutic re-agents that will maintain and bring back the nervous system to its original physicological equilibrium or normal condition. This has been accomplished. Our treatment eliminates the poison, purifies the blood and restores the organs to a normal condition. The medicines act immediately and directly on the nerve centers which have been enfeebled by alcohol or drug. We put the patient in full possession of his mental faculties. It gives a healthful appetite for food and produces a calm and refreshing sleep. Our patients seldom, if ever, miss a meal or lose a night's rest. We do not cure our patients by nausea or vomiting, but by destroying the craving and desire for liquor. We do not deceive our patients by sending them home with so-called tonics to build them up. When they leave our Sanatorium they are taking no medicines whatever. We positively guarantee a cure for the liquor addiction in from ten to twenty-one days.

Interesting Features of Our Treatment

Three features of this method of treatment are the limited period of time required, its harmlessness and its being absolutely painless. No strenuous procedures form a part of this routine. Hyoscine is **never** used. It is not necessary gradually to diminish the dosage of Morphine, Heroin, Opium or other drugs. The patient comes to rid himself of the addiction, and the objectionable drugs are quickly stopped, suitable treatment is instituted and the stored-up poisons are dislodged and eliminated from the system. No toxic doses of potent pharmacals are used in this institution. The remedies used are sensible and physiologic. Their action serves at once to unload the stored-up poisons from the system, and as quickly as possible to neutralize their ill effects on the body. Our records show that patients varying from five years to eighty-two years have been cured. Quite a number between seventy and eighty and we have never failed in a single case.

Our Sanatorium

Our Sanatorium is the largest of its kind in the State of Ohio, and the best equipped to treat drug and liquor cases. Our patients come to us from all parts of the United States, Canada and Old Mexico, and we do not hesitate to state that our per cent of permanent cures is not equalled by any other Sanatorium in the country. A great many patients who have had treatment before have been placed in padded rooms, or straight-jackets have been used; others have been placed in rooms with barred doors, and windows and others have suffered to such an extent that they hesitate to take treatment again for fear of undergoing a great deal of physical suffering without permanent relief. To those we wish to say that you will not be subjected to any of these tortures here. We have no physical restraints, but on the other hand, we make our Sanatorium home-like. We have all the conveniences of a home. Good books, games, billiard and pool tables and music is furnished whenever agreeable. Nothing but the utmost kindness to our patients is tolerated. This institution has no training school for nurses. Graduated, trained and registered nurses only being employed, aiding greatly in securing for our patrons the very best and most effective service. You will, at all times, be given every consideration.

Which Will You Choose?

Patients seeking a cure for the drug or liquor addiction ought to be sure that they are going to get just what they pay for, the same as if they were purchasing a bill of merchandise. We guarantee a cure, others do not; others wish the money in advance, we do not. The patient need not pay us one cent until he himself knows he is cured. No Sanatorium will allow you that privilege. They decide. We leave it entirely with the patient. When they say they are cured, they can pay us. We will enter into contract to this effect. See statement on inside, front cover of this booklet. As a fair proposition, does it not appeal to you? If we did not know just what we can accomplish in each and every case, we could not afford to make such an open offer. We can deliver a cure and we have nothing to conceal. You purchase our treatment, or, in other words, buy a cure. We will deliver same satisfactorily to the purchaser and then you pay us. What more can be asked? Now here is the question; Which are you going to choose, a Sanatorium where they guarantee the patient nothing, or one that does guarantee a cure; a Sanatorium that decides when the patient is cured, or one that gives the patient the privilege to decide when he is cured; one that has barred doors, windows and straight-jackets and padded cells, where the patient suffers untold agonies, or where the patient does not? We offer you a treatment that is absolutely painless and harmless. We do not use physical force or confine our patients to any of the objectionable rooms as do other Sanatoriums. Remember that our Sanatorium is home-like and the patient is our guest.

Do You Ever Stop to Think that

One drink a day costs $36.50 a year?

Two drinks a day cost $73.00 a year?

Four drinks a day cost $146.00 a year?

Ten drinks a day cost $365.00 a year?

Suppose you placed $365.00 each year in the bank or purchased a piece of property, how long would it be until you would be independent? You will find it the best investment you ever made to come to us and be cured so when you go home, instead of handing out money to purchase whiskey, you can place the same amount in the bank for future use. Just stop to think what it means to you; not only to you, but to your family. It is not only what you spend for something to drink, but you treat others, and the loss of time from your business. Also many is the dollar that is lost in an indirect way because people refuse and will pass you up and go where they do not come in contact with those who use liquor. Did you ever stop to think of the anxiety, uneasiness and worry that those who drink cause the loved ones at home? That every cent that is spent for liquor causes you to sink one notch lower in the estimate of the class of people whose respect you seek? It will ruin you mentally, physically and financially. Why continue to use liquor or drugs when you positively know that you are slowly killing yourself? Throw away your false pride and say you are going to stop its use. If you have reached the point in your life when your system demands the stimulants, and you cannot quit without aid, come to us and we will cure you and place you in normal condition, build up your nervous system so that you will have power of resistance. We will cure you and when you leave us you will have no craving, need or desire for any kind of stimulants. You will be eating and sleeping well and your nervous system will be the same as before you began the use of liquor. Our treatment is absolutely harmless. Do not delay coming. DO IT NOW!

Many Physicians Take This Treatment

The Mizer treatment is decidedly worthy of investigation, and it is a remarkable fact that many physicians avail themselves of the opportunities afforded by this treatment. We have in mind a bright young physician from West Virginia who had contracted the morphine addiction. Not less than five separate times had he undergone treatment at a prominent institution in Memphis, Tennessee, and as many times had reverted to the use of the drug, with disastrous results to his general health. He came to The Mizer Sanatorium—at the earnest solicitation of a friend—and he assured us that if he was not positively cured he would never cross the Ohio River again.

Naturally, his pitiable condition made him desperate. Nevertheless in less than three weeks he had left this institution for his home in good health and very much encouraged. He has NOT reverted to the use of morphine or any other narcotic.

More Clinical Experiences with Medical Men

A physician from our own State came in an ambulance, having been bedridden for five weeks. He was in a serious condition and was using morphine (about 40 grains per day) and liquor (1 to 2 quarts a day.) He, too, had taken two treatments. He did not stay here long, but went right back to his general practice IN 18 DAYS, and no stretcher was required.

Another physician from Pennsylvania was using very large doses of morphine and cocaine—about 30 grains of each per day. He had taken treatments two times before, and came to this institution in a worse condition than ever. He remained at this institution FOR SIX DAYS, and went back to his work. He has not used a grain of either morphine or cocaine since, and has gained over sixty pounds. Of course, he is a convert of our treatment.

Still another prominent physician and his wife from Ohio came for treatment. Both of these unfortunates were using morphine and hyoscine. The doctor, at one time, was one of the leading physicians in his home town (of over 75,000) but came to us an absolute wreck from his excessive use of these dangerous drugs. Two weeks of treatment sufficed to accomplish the desired results, and both the doctor and his wife went home "tickled to death" as they said.

A Kentucky doctor came after various experiences in his efforts to regain his normal health. He was using morphine regularly, and could not stop it. His stay was longer than usual—he enjoyed his surroundings, his wife was with him, and he "wanted a vacation." He was with us three weeks and went home in splendid condition.

Three Remarkable Cases

Mrs. C., housewife, age twenty-seven, weight 115 pounds, family history, negative. Had three abdominal operations—appendectomy, 1909; operated for adhesions in 1910, and was again operated for Pyosalpinx, February, 1911, at which time she became addicted to morphine. Admitted to Sanatorium December 31st, 1911, using twelve grains of morphine sulphate daily, hypodermically. Upon examination, was found to be pregnant, uterus enlarged, foetel bruit very distinct and diagnosed as a six months pregnancy. Was treated successfully for the morphine addiction, suffering no ill effects, was discharged January 29th, 1912, absolutely cured and on April 1st, 1912, gave birth to a healthy girl baby weighing nine pounds. This we think, will prove to the most skeptical the efficacy and absolute harmlessness of our treatment.

The above statement can be corroborated by four prominent physicians.

Another of the really remarkable cases which has come to our notice was that of a lady who had become addicted to the use of morphine while her little girl was nursing. Of course, the child was influenced through the milk, and the mother was unable to wean her for that reason. Finally, when this was possible, it took from four to six grains of morphine daily to sustain the child. The mother was using sixty grains of morphine every day. When these patients came to this institution, the little girl was five years and three months old. She had a very watery complexion and was almost lifeless. She simply stayed around her mother, but within a few days was full of life, running all over the neighborhood, an evident transformation. Both mother and daughter went back to their home in West Virginia freed from the addiction and thoroughly convinced of the value of this treatment.

Mr. —— when living in Little Rock, Ark., accidentally heard from a friend of the success of The Mizer treatment. He immediately wrote to a prominent Coshocton business man and was assured of our standing. He started out with his wife and little girl to work his way by doing odd jobs. After much privation and trouble he managed to reach Columbus, Ohio, where, before very long, Judge Black, of the Juvenile Court, took charge of their child as both parents were in too deplorable a condition to care for her.

Arrangements were made for both father and mother to come to this institution on July 17th, 1911. Both were in bad shape from the excessive use of both morphine and atropine. The man's weight was 117 pounds, while the woman only weighed 63 pounds.

On August 7th—twenty-one days later—both were discharged. Their return to good health was rapid. On November 7th, after a personal interview with Judge Black, their child was returned to them as the judge was convinced that they were entirely responsible. At this date the man's weight is 148 pounds and the woman's 140—a gain of 31 and 77 pounds respectively.

An Opium Smoker Surprised

An American gentleman who had been addicted to smoking opium since 1877, and who boasted that he was one of the first white opium-smokers in this country, was brought to The Mizer Sanatorium against his inclinations. Three weeks of treatment sufficed to restore him and he left the institution cured, happy and surprised.

The Commercial National Bank
Coshocton, O., Nov. 7, 1913.

During the existence of The Mizer Sanatorium it has done its banking business with The Commercial National Bank and a large number of its patients who have taken treatment, have made deposits with this bank under the guarantee system of "No Cure, No Pay" as advertised by this Sanatorium and in no instance have the patients demanded or withdrawn the deposits, but on the contrary, all of such patients and others that we have met have spoken in highest terms of the results of the treatment of this Sanatorium and have recommended it in extravagant terms. We are well acquainted with the gentlemen in charge of The Mizer Sanatorium and have observed much of the noble work that this institution has done in the cure of the drug and liquor addictions and we have no hesitancy in endorsing and recommending these gentlemen and their system of treating these addictions and we assure the unfortunate addicts that this institution can and does accomplish by their method of treatment all they claim in their printed literature.

The Commercial National Bank.
By J. W. CASSINGHAM, Pres.
C. H. MAGRUDER, Cashier.

The Expense of Treatment

The expense of treatment at The Mizer Sanatorium is very reasonable. The rate may be had on application to the management. Our Sanatorium is private. Correspondence is solicited and will be considered **strictly confidential.** Convincing proofs that the statements made in this booklet are true may be had on request. Address The Mizer Sanatorium, Coshocton, Ohio.

We refer you to the following Business and Professional Men of Coshocton, Ohio

Hon. R. M. Voorhees, Judge Fifth Judicial Circuit.
Hon. S. H. Nicholas, Common Pleas Court Judge.
Hon. John W. Cassingham, Coal Operator, Ex-Congressman 17th district.
Rev. Geo. Brewer, Pastor Presbyterian Church.
Rev. Frank Albus, Pastor Episcopal Church.
Rev. John Secrest, Pastor Grace M. E. Church.
Rev. T. A. Goebel, Pastor Sacred Heart Catholic Church.
Rev. S. S. Fisher, Pastor First Methodist Protestant Church.
Rev. H. C. Graeper, Pastor Evangelical Church.
Geo. S. Caton, Pres. and Mgr. The Fountain Dry Goods Co.
Seth M. Snyder, Postmaster.
Hon. L. D. Schott, Representative in Legislature.
Geo. M. Gray, Hardware Merchant.
C. D. Brooke, Jeweler.
Metzler & Robertson, Druggists.
Smith Drug & Book Store, Druggists.
Seigrist & Williams, Druggists.
R. L. Meredith, Pres. Meredith Business College.
E. C. Compton, Editor Coshocton Daily Times.
R. C. Snyder, Editor Coshocton Daily Age.
Bert Denman, Business Manager Daily Tribune.
H. D. Beach, Pres. and General Manager The H. D. Beach Company.
L. P. Gallager, Pres. and Gen'l Mgr. The Novelty Advertising Co.
The Commercial National Bank.
C. B. McCoy, Pres. Coshocton Glove Co.
T. H. Wheeler, Ex-Prosecuting Attorney.
The Coshocton National Bank.
The People's Banking and Trust Co.
B. F. Voorhees, Attorney-at-Law.
Jos. L. McDowell, Prosecuting Attorney.
Hon. Frank Ashman, Probate Judge.
G. W. Cassingham, Mayor.
Gail S. Hamilton, Ex-Mayor.
Charles Stipes, County Recorder.
A. C. McDonald, County Sheriff.
C. A. Lamberson, Ex-County Auditor.
Hack & Wisenburg, Clothing Merchant.
D. O. Thompson, Clothing Merchant.
Dr. W. R. Davis, Dentist.

The following Coshocton Physicians are also referred to:

Dr. Lister Pomerene.
Dr. F. M. Marshall.
Dr. Jesse McClain.
Dr. E. C. Carr.
Dr. C. M. Neldon.
Dr. J. D. Lower.
Dr. A. S. Metzler.
Dr. S. A. Stacy.
Dr. R. K. Merriam.
Dr. T. W. Lear.
Dr. J. W. Shaw.
Dr. H. R. McCurdy.

or any other reputable citizen of Coshocton, Ohio. We do not publish names of our patients, as the strictest secrecy and confidence must be maintained with our patients. Testimonial reference along the faker line are not supplied, but we will put you in possession of the names of patients, (with their permission) cured years or months ago and in this way you could secure a personal guarantee from one whom you might know.

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Smith Drug & Book Store, Druggists.
Seigrist & Williams, Druggists.
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R. C. Snyder, Editor Coshocton Daily Age.
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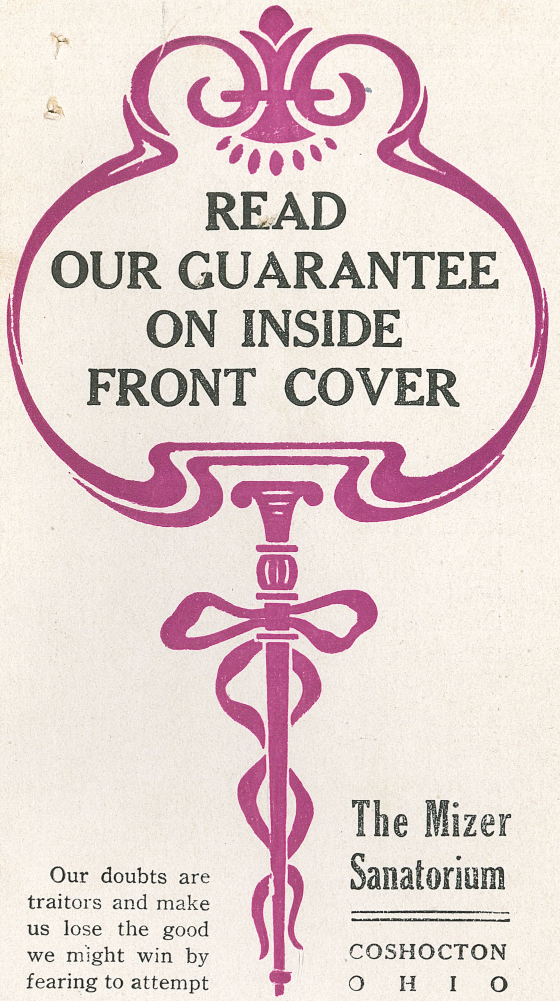

READ OUR GUARANTEE ON INSIDE FRONT COVER

Our doubts are traitors and make us lose the good we might win by fearing to attempt

The Mizer Sanatorium

COSHOCTON
O H I O

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tment and Positive
l Liquor Addictions

work and knowing the immediate influence of certain drugs, have resorted thereto and speedily become victims of the terrible craving. Others who have been unfortunate enough to undergo surgical operations or serious physical sufferings became addicted to the use of drugs in very reasonable, yet sad, manner.

A Word to Physicians

We are anxious to inform the reputable physicians as to our location and provision of an institution that has become essential to the profession and its treatment and cure of this class of diseases. We want to become an accessory to your practice. We have an institution where you are welcome day or night. We extend to the medical profession a cordial invitation to visit us at any time, accept of our hospitality, investigate our treatment, and see the work we are accomplishing in this line.

We humble ourselves as servants and enjoy the prospect of caring for those cases coming to the profession, which need care and treatment of such an in-

Rx. Citrated Caffeine T. T., each......½ gr.
Dose—Three or four twice a day.
If weak and exhausted, or nervous headache.

Rx. Asafetida (tablets or pills), each..3 gr.
Dose—One immediately before eating.
To Improve Nerve Centers, prevent gas in stomach and bowels; backache.

Should there be any doubt as to any part of these instructions, we will be glad to receive a letter of inquiry, briefly stating what the difficulty is, and we will cheerfully give the best services of which we are capable.

All correspondence will be regarded as strictly confidential.

THE MANINE MEDICINE COMPANY,
St. Louis, Missouri.

AUG 17 1915
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MANINE
IN
MORPHINISM
AND
NERVOUSNESS

Sent in by Dr. H. L. Dowdell, Lisbon, O.

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Morphinism

Morphinism is that diseased condition of the nervous system caused by the use of morphine, laudanum or opium, or some of its derivatives or preparations.

When this diseased condition has become established the drug could not be abruptly discontinued without serious, if not fatal, results. The unfortunate sufferer from this terrible disease is not a criminal or weakling, and is deserving of and should be given the same kindly encouragement, pity, help, treatment and care as would be given in any other disease coming within the range of curative science.

In morphinism there is a disease to treat, not a mere habit or simple vice to palliate. The drug diseased victim is a sick person, and this affliction must be treated along the same lines that any other disease would be treated; the cause which makes the use of the drug a necessity must be removed.

Preliminary Treatment

It is important, before beginning the MANINE treatment, that the liver be thoroughly disgorged; that there be a free flow of bile, so that drug accumulation and waste matter in the system may be eliminated. **All during the treatment the patient must have at least one or two very free actions of the bowels every day.**

This can be accomplished by a free use of calomel or such liver stimulants and cathartics or purgatives as may be best suited to the case.

Dosage

MANINE is to be given in doses of one teaspoonful four to six times a day, at regular hours, the average dose being a teaspoonful four times a day. Each dose of MANINE must be given in fully one-half glass of either hot or cold water, and may be given one-half hour or more before or after meals, and at such other times as is most convenient to arrange the doses. Don't give the MANINE immediately before or after eating, but arrange the doses so that at least one-half hour will intervene.

In the average case the dose of MANINE is given as one teaspoonful four times a day, but even in these cases an extra dose of MANINE is given occasionally. In a great many cases a teaspoonful of MANINE, five times daily, is necessary, while in many other cases a teaspoonful six times daily is permissible to meet the requirements of the case, so you will give MANINE with such frequency as in your judgment is necessary to produce best results.

Under ordinary conditions MANINE is well tolerated, but if the functions of the stomach, or other organs of digestion, have been seriously impaired, so that MANINE is not well tolerated, you may add to each dose of MANINE such correctives as Tinct. Gentian, Aromatic Elixir, some liquid form of Pepsin, or such other aromatics or preparations as you find best suited to each individual case.

We cannot conceive of any combination or preparation which would not be compatible with MANINE, with the possible exception of the iodides, and as MANINE has alterative properties, there should be no occasion for prescribing the iodides in conjunction with MANINE.

Where the continued or prolonged use of the drug has seriously impaired the stomach, it is advisable to begin with smaller doses of MANINE than specified, but the dose can be rapidly increased until the prescribed doses may be tolerated. **In some cases better results may be obtained by giving MANINE in doses of one-half teaspoonful every two hours during the day.**

We positively guarantee that MANINE does not contain one particle of morphine, laudanum, opium, chloroform, cocaine, coca leaves, alpha or beta eucaine, cannabis indica, chloral hydrate, acetanilide, or any salts, compounds, preparations or derivatives thereof.

Regulation

The case at hand may be one in which a large quantity of the drug is taken at each dose, and perhaps the patient is taking six or eight doses daily at irregular intervals. In such a case, reduce the number of doses to three doses each twenty-four hours as soon as practical. **The first dose of the drug should be given at a regular hour in the morning, the second dose at a regular hour in the middle of the day, the third dose at a regular hour in the evening,** and exactly the same amount of the drug should be given at **each** of the three daily doses, in order to keep the nervous system in perfect balance.

If the patient is accustomed to taking only one or two doses of the drug daily, don't increase the number of doses. If **two** doses only are being taken, then have the patient take the first dose at a regular hour in the morning, and the second dose at a regular hour in the evening, taking exactly the same amount of the drug at each of the **two** daily doses. If only **one** dose is taken daily, it should be taken at a regular hour every day, and in either case the size of the dose should be reduced a little every day or every second, third or fourth day, as condition of patient will permit. *The reduction should be made from day to day and not from dose to dose.*

We always advise against the use of morphine in powder form, for no matter how careful one may be, he will unintentionally administer more of the powdered drug at one dose than at another, and this unevenness of distribution will keep the nerves under a constant strain, naturally causing nervousness and many aches and pains, a condition which may be avoided by using the drug in tablet form and by giving the patient the same amount at each of the daily doses.

Reduction

MANINE does not contain morphine or opium in any form, and as the patient could not suddenly discontinue the use of morphine, laudanum or opium without danger of serious, if not fatal, results, it will be necessary to continue to use some of the accustomed drug for a time, gradually reducing the size of the dose.

Just as fast as the wrecked nerves are being restored, the wasted tissues replaced with new material, and the various organs of the body are being strengthened, just so fast may the reduction be made.

If the patient is using a large amount of morphine—twenty, thirty, fifty or one hundred grains daily—reduce the amount rapidly to nine grains daily. If twenty grains or more are used daily, the amount should be reduced fully one-half within ten days after patient begins taking MANINE; after reducing the amount one-half, further reduction must be made gradually.

In treating morphinism, or drug addictions, it is necessary that the reduction be made in a gradual and systematic manner, for morphinism is a disease and must be treated as such. Some physicians weigh each of the daily doses of morphine and put it in capsules; others use it in tablet form, while many physicians dispense it in solution, by putting each dose in a two or three-drachm vial. The tablets are preferable, even if put in capsules, or in solution, as they are more accurate and the reduction can then be made with more certainty.

Many physicians have the drug put up in capsules for each day, and sometimes a little powdered charcoal, chocolate or licorice, or even sugar may be added, for obvious reasons, but the drug may be dispensed in any such manner as will best serve the interests of the patient.

Where the drug is being used hypodermically, it is easier to change the patient to taking the drug by mouth, by dispensing the drug either in capsules or in solution.

Where a large amount of the drug is used, a rapid reduction should be made until the patient is taking three grains at a dose, internally, then the reduction should be made along the lines suggested in the next paragraph.

Have the patient take three grains at each of the daily doses for a day or two, then two and seven-eighths grains at each of the daily doses for a day or two, and continue reducing the size of the dose one-eighth grain or one-sixteenth grain every day or every second, third or fourth day as the system responds to the healing influence of the treatment.

In cases where a small amount of the drug is being used, the reduction should be made along the same general lines.

There is no restriction as to diet, but we advise against eating heavily of meats and greasy foods. The patient should drink water freely to aid in eliminating the poisonous substances. **The use of whisky, wine, beer or any alcoholic stimulant is strictly forbidden.**

The reduction must not be made so fast that it will weaken the patient, prevent sleep, or cause suffering, for pain prevents progress. The nerves will not heal or strengthen when the patient is in pain. The reduction must be made only in keeping with the rebuilding process.

The dose of the drug should never be increased at any time, but when a reduction has been made it should be maintained until the patient's condition will justify proceeding with the reduction. Subjective, as well as objective symptoms, must determine how fast the reduction should be made.

The patient may make rapid progress for a while, and then there may be a period of time when seemingly no progress is being made. Should this condition develop, don't increase or decrease the drug, but continue giving the same amount of the drug, for a few days, until MANINE aids nature in bringing the nerves and various organs of the system up to a point where the patient feels able to proceed with the reduction.

Use of the Hypodermic Syringe

As it is so much easier to eliminate the drug when taken by mouth than where it is injected into the tissues, we urge, where the drug is used hypodermically, that it be administered internally. Sometimes it might appear to be difficult to change from the hypodermic needle to taking the drug internally, but for the sake of progress and the future good of the patient, the hypodermic syringe should be discontinued as quickly as possible.

It may require fully one-half more, taken by mouth, to produce the same stimulating effect that is obtained by using the drug by hypodermic syringe, but we urge that the change be made even if it should require twice as much at first, for quicker and more satisfactory results will be obtained.

When the change is first made, to taking the drug by mouth, it may nauseate the patient a little for a day or two, but this difficulty will soon be overcome.

The continued use of the hypodermic needle produces a habit of itself. The sensation of the needle entering the flesh produces a peculiar nervous condition which is hard to overcome, so, for this reason, we urge that the hypodermic needle be discontinued as soon as possible. In many cases where the drug is being used hypodermically, it is best to continue using the drug in this manner until the amount of drug has been reduced one-half or more.

In changing a patient to using the drug by mouth, be sure to give sufficient at first to meet the requirements and keep the patient perfectly comfortable. After the patient has become accustomed to taking the drug by mouth, then begin a gradual and systematic reduction.

Use of Opium

Where the patient is using Opium in gum or powdered form, in order that a systematic reduction may be assured, one-fourth grain opium tablets may be used.

If the patient is using a large amount of opium, reduce the amount rapidly until the patient is taking six grains at each of the daily doses, then the reduction should be made one-fourth grain every day or every second, third or fourth day, as condition of patient will permit.

Use of Laudanum

Where this form of opium is used, a rapid reduction should be made until the patient is taking three hundred drops at each of the daily doses, and then the reduction should be made five, ten (or possibly twenty) drops daily, or every second, third or fourth day.

Use of Paregoric

Paregoric is a preparation of opium which is one-twentieth the opium strength of laudanum. Observe the same general instructions in making the reduction, and this rule applies to all other fluid preparations or products of opium.

Use of Codeine

There are comparatively few cases of the drug "habit" disease where Codeine is the drug employed. The same general instructions in regard to the number of daily doses and the method of reduction as where morphine is used, will apply.

Use of Heroin

As Heroin acts physiologically with threefold greater effect than does morphine, and owing to its seductive and tenacious character, its treatment presents far greater difficulties. Therefore, whenever possible, the substitution of morphine for the more powerful drug is advisable.

If the change to morphine is not desirable at the beginning of the treatment, then proceed with the treatment and reduction as in the manner outlined where morphine is used, but the reduction should be made one-twenty fourth of a grain every day or every second, third or fourth day, after it has been reduced to a small amount.

Opium Smoking

The diseased condition of the nervous system, caused by opium smoking, is to be treated along the same lines as the disease produced by the use of morphine, laudanum or other forms of opium. MANINE is to be given in the same manner and frequency as would be prescribed in a case of morphinism. The amount of drug used by smoking must be gradually discontinued by reducing the customary number of pills, just one pill each day or each second or third day, as condition of patient will permit.

The Use of Cocaine

Where the patient is using cocaine in connection with morphine, the cocaine must be discontinued before a reduction of the morphine is undertaken. Within a very few days after beginning the MANINE treatment, the cocaine must be discontinued entirely even if it is necessary to increase the morphine a little. After discontinuance of the cocaine, begin a gradual and systematic reduction of the morphine.

Where cocaine alone is the addiction, we do not offer MANINE as a treatment, and have no suggestions to make in regard to treating this specific addiction, except to give the patient an abundance of good nutritious food, while administering MANINE as a general tonic.

Use of Atropine

There are occasional cases where atropine or sulphate atropia is used in combination with the morphine, and in such cases there should be a rapid elimination or discontinuance of the atropine, as it impairs the heart and injures the stomach. Atropine always retards the action of the glands of secretion and excretion, and therefore it is important that it be discontinued promptly.

Insomnia

If the patient does not go to sleep readily after retiring, then the last dose of MANINE should be given in a teacupful of very hot water about twenty minutes before the patient retires.

If the patient should wake in the night, be nervous and unable to sleep, give an extra dose of MANINE in a teacupful of very hot water.

Nervous Troubles

MANINE may be employed in the treatment of neuritis, neurasthenia, hysteria, insomnia, and in the various nervous disorders.

In treating nervousness the dose is usually one-half to three-fourths teaspoonful four times a day, but in many cases it may be one-fourth to one-half teaspoonful every two hours.

Stimulants

Strychnine is indicated in most cases of morphinism, especially toward the close of the treatment, and when indicated, one-fortieth or one-thirtieth grain strychnine nitrate may be given, by mouth, immediately after a meal, two or three times daily, as required.

Black Pepper Tea is a valuable stimulant, and is made as follows: Put six teaspoonfuls ground black pepper in coffee or tea pot and add six cups of cold water and bring to a boil. Strain and drink a teacupful early in the morning as a stimulant, drinking it hot. Cream and sugar may be added if desired.

If patient complains of neuralgic or rheumatic pains, a three or five-grain capsule of Aspirin may be given three times a day, at the same time a dose of MANINE is given; suspending and resuming Aspirin to meet indications and to suit the requirements of each individual case.

Prescription Suggestions

Rx.	Blue Mass	1-1/2 gr.
	Calomel	1/4 “
	Podophyllin Resin	3/4 “
	Res. Jalap	1/4 “
	Aloin	1/4 “
	Powdered Ipecac	1/16 “
	Phenolphthalein	1/2 “
	Oleoresin Capsicum	1/12 “

Dose, 1 or 2.

To make one
pill or capsule

For Liver and Bowels (strong).

Rx.	Aloin	1/4 gr.
	Cascarin	1/8 “
	Podophyllin Resin	1/8 “
	Ext. Belladonna Lvs	1/12 “
	Powdered Ipecac	1/15 “
	Phenolphthalein	1/2 “

Dose, 1 or 2.

To make one
pill or capsule

For Liver and Bowels (mild).

Rx.	Cannabis Indica Ext	25 gr.
	Arsenic Trioxide	2 “
	Reduced Iron	100 “

Dose—One to three.

To make 100
pills or capsules

For Nervousness and Pains in Extremities.

Rx. Citrated Caffeine T. T., each...... ½ gr.
Dose—Three or four twice a day.
If weak and exhausted, or nervous headache.

Rx. Asafetida (tablets or pills), each . . 3 gr.
Dose—One immediately before eating.
To Improve Nerve Centers, prevent gas in stomach and bowels; backache.

Should there be any doubt as to any part of these instructions, we will be glad to receive a letter of inquiry, briefly stating what the difficulty is, and we will cheerfully give the best services of which we are capable.

All correspondence will be regarded as strictly confidential.

THE MANINE MEDICINE COMPANY,
St. Louis, Missouri.

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MANINE
IN
MORPHINISM
AND
NERVOUSNESS

Sent in by Dr. H. S. Drinkall
Lisbon, O

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